

SENIOR CONNECT

JULY 2024



Lawrence Township Receives \$75,000 Grant for Safety Equipment

Lawrence Township, NJ - The fire department of Lawrence Township is set to receive a significant boost in safety equipment thanks to a newly awarded grant. Governor Philip D. Murphy and the New Jersey Department of Community Affairs have allocated \$75,000 to the township as part of the American Rescue Plan Firefighter Grant program. The funds will be used to purchase new protective clothing and equipment for the fire department personnel, enhancing the safety of local firefighters as they serve the community.

Mayor Patricia Hendricks Farmer expressed her appreciation for the grant, emphasizing its importance for firefighter safety. "We are extremely thankful to Governor Murphy and the Department of Community Affairs for this crucial funding," Mayor Farmer stated. "The safety of our firefighters is paramount, and this grant will allow us to provide them with the most up-to-date protective gear they need to serve our community effectively and safely."

The mayor further noted that this investment in the fire department translates to an investment in community safety overall. Lawrence Township officials will work closely with the Department of Community Affairs to ensure proper use of the funds in compliance with the grant agreement.

For more information about the grant and its impact on Lawrence Township's Fire Department, residents can contact the Township Manager's office. Kevin P. Nerwinski, Esq., Municipal Manager/QPA, can be reached at (609) 844-7005.

Lawrence Township Unveils Major Upgrades to Hamnett Park

Lawrence Township, NJ -Lawrence Township has completed a significant renovation project at Hamnett Park, introducing new dog park areas and various passive recreational improvements. The \$500,000 project includes two separate enclosed areas for large and small dogs, along with enhancements to the park's overall amenities.

Mayor Patricia Hendricks Farmer expressed enthusiasm about the new facilities, stating, "We're very excited to unveil these great new amenities at Hamnett Park and Hero Dog Park for our residents to enjoy." She emphasized that the dog park will provide a safe space for pets, while other upgrades offer more opportunities for walking, relaxation, and nature appreciation.

The project allocated approximately \$250,000 for the construction of the dog park areas, which feature new fencing, landscaping, shade structures, benches, and specialized equipment. The remaining \$250,000 was invested in passive recreational improvements, including a new perimeter walking path, lighting, electrical and water services, a patio seating area, and landscaping throughout the park.



The township anticipates receiving a \$125,000 grant from the Mercer at Play program to help offset the project costs. While the dog park areas are expected to open to the public within the next 60 days, the Public Works department is currently working on maturing the lawn areas before welcoming residents and their pets. A grand opening celebration for all park improvements will be announced in the coming weeks.

This addition brings the total number of off-leash dog areas in Lawrence Township to two, with the other located at Village Park.

For more information about Hamnett Park and other township recreational amenities, residents can visit www.lawrencetwp.com or contact James Parvesse, Municipal Engineer, at jparvesse@lawrencetowp.com or (609) 844-7084.



Sgt. Michael Yeh



Retiree Spotlight

Retiree Spotlight: Sergeant Michael Yeh (#168)

Sgt. Yeh served Lawrence Township from 1993 to 2014, retiring as a Sergeant. Prior to LTPD, he worked for Lawrence Twp. EMS and Princeton Plasma Physics Lab as a firefighter/EMT. He's currently the Director of Emergency Services for Princeton.

At LTPD, Sgt. Yeh was part of the Community Response Unit, focusing on community policing and directed enforcement. He was an instructor in various fields and a member of the Tactical Team. As School Resource Officer, he developed positive relationships and initiated programs like the Prom Simulated Accident Program. Sgt. Yeh joined New Jersey Task Force 1 in 2000, participating in rescue efforts at Ground Zero and Hurricane Katrina. He remains a Task Force leader with NJTF1. "I miss the people at LTPD. I made some great friends," Sgt. Yeh said. He's married with two daughters and is a Giants and Yankees fan.

LTPD is grateful for Sgt. Yeh's impressive service and the legacy he created during his time with the department.

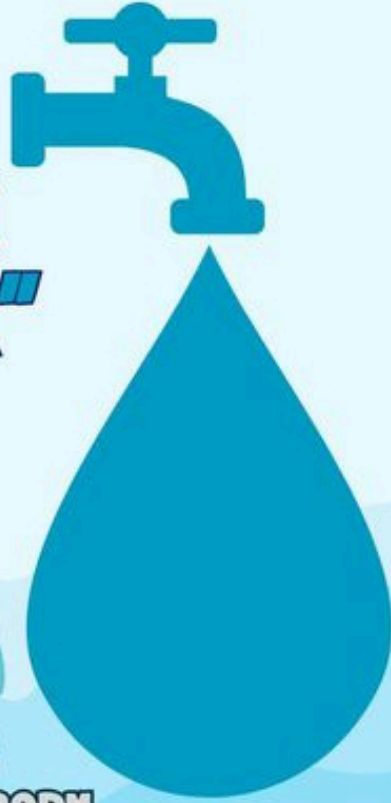
Lawrence Township Bulk Trash pick up is the last Friday of every month

Residents
can put out 3
"bulky"
items per
household





H2OPEN "LET'S TALK ABOUT WATER" FORUM




SAVE THE DATE
AUGUST 14 2024 6:30PM
LAWRENCE SENIOR CENTER

From Trenton Water Works: Advancing communications with our valued customers and service-area residents, we will hold H2Open "Let's Talk About Water" Forums so service-area residents can learn more about their drinking water, water utility operations, and capital projects, including the Lead Service Line Replacement Program. The two-hour community meetings empower attendees—customers, residents, and public officials—to ask questions about their drinking water and TWW operations directly from water utility leadership. Discussion topics include water quality, lead, Legionella, operations, and capital projects. Please save the date to have your concerns and questions addressed.



**NOW ACCEPTING INTEREST
FOR OUR
LOW AND MODERATE INCOME**

HOME IMPROVEMENT PROGRAM

 +732-966-0674



DID YOU KNOW?

There is a medication drop box at the Lawrence Township Police Department located at 2211 Lawrence Road, Lawrence Township, NJ 08648. It is a safe and environmentally friendly way to dispose of unwanted or expired medication.



July 2024

Lawrence Township Office on Aging
Senior Center Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 *EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAL-CHI - 10:30 AM MAH-JONGG - 1:00 PM	2 DUPLICATE BRIDGE - 9 AM CLUB #1 - 10:00 AM WALKING WITH EASE 10 AM AT COLONIAL LAKE SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	3 LINE DANCE - 9:30 AM BUSY BEES - 12:30 PM NO MEMOR WRITING	4 *EXERCISE - 9 AM CORNHOLE PRACTICE ALL DAY RUMMIKUB - 1:00 PM PARK PHOTOGRAPHY WALKING GROUP 1 - 2 PM (AT POLE FARM)	5 LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM	6
	8 *EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAL-CHI - 10:30 AM MAH-JONGG - 1:00 PM	9 DUPLICATE BRIDGE - 9 AM CLUB #2 - 10:00 AM WALKING WITH EASE 10 AM AT COLONIAL LAKE SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	10 LINE DANCE - 9:30 AM BUSY BEES - 12:30 PM MEMOR WRITING - 2 PM	11 *EXERCISE - 9 AM CORNHOLE PRACTICE ALL DAY RUMMIKUB - 1:00 PM PARK PHOTOGRAPHY WALKING GROUP 1 - 2 PM (AT MAIDENHEAD MEADOWS)	12 LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM POETRY AT THE LIBRARY 1 PM BINGO 1 - 3 PM	13
	14 *EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAL-CHI - 10:30 AM MAH-JONGG - 1:00 PM	15 DUPLICATE BRIDGE - 9 AM CLUB #1 - 10:00 AM WALKING WITH EASE 10 AM AT COLONIAL LAKE SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	16 LINE DANCE - 9:30 AM BUSY BEES - 12:30 PM MEMOR WRITING - 2 PM	17 *EXERCISE - 9 AM CORNHOLE PRACTICE ALL DAY RUMMIKUB - 1:00 PM PARK PHOTOGRAPHY WALKING GROUP 1 - 2 PM (AT MAIDENHEAD MEADOWS)	18 LINE DANCE 10 - 11 AM TRIP TO NJ STATE MUSEUM 10 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM	19
	21 *EXERCISE - 9 AM ACRYLIC ART - 10:00 AM TAL-CHI (LAST CLASS) - 10:30 AM MAH-JONGG - 1:00 PM	22 DUPLICATE BRIDGE - 9 AM CLUB #2 - 10:00 AM WALKING WITH EASE (LAST SESSION) 10 AM AT COLONIAL LAKE SCULPTURE CLASS - 1:00 PM HEALTHY BONES 1:30 PM	23 LINE DANCE - 9:30 AM BUSY BEES - 12:30 PM MEMOR WRITING - 2 PM	24 *EXERCISE - 9 AM CORNHOLE PRACTICE ALL DAY RUMMIKUB - 1:00 PM PARK PHOTOGRAPHY WALKING GROUP 1 - 2 PM (AT COLONIAL LAKE)	25 LINE DANCE 10 - 11 AM WATERCOLOR FREESTYLE - 10 AM BINGO 1 - 3 PM	26
28 	29 *EXERCISE - 9 AM ACRYLIC ART - 10:00 AM MAH-JONGG - 1:00 PM	30 DUPLICATE BRIDGE - 9 AM NO CLUB SCULPTURE CLASS - 1:00 PM HEALTHY BONES (LAST SESSION) 1:30 PM DOG DAYS OF SUMMER AT CAPTAIN PAUL'S FIREHOUSE DOGS 2:00 - 4:00 PM	31 LINE DANCE - 9:30 AM BUSY BEES - 12:30 PM MEMOR WRITING - 2 PM	DOG DAYS OF SUMMER Tuesday, July 30th from 2:00 - 4:00 PM Join the Lawrence senior group for a summer outing at Captain Paul's Firehouse Dogs for hot dogs, soda, chips and ice-cream and good company. Beat the Heat! Registration required at the Senior Center by July 23rd, to receive your ticket/voucher. Address: 2220 Princeton Pkwy, Lawrence, NJ 08648	DOG DAYS OF SUMMER Tuesday, July 30th from 2:00 - 4:00 PM Join the Lawrence senior group for a summer outing at Captain Paul's Firehouse Dogs for hot dogs, soda, chips and ice-cream and good company. Beat the Heat! Registration required at the Senior Center by July 23rd, to receive your ticket/voucher. Address: 2220 Princeton Pkwy, Lawrence, NJ 08648	32

PLEASE SEE OTHER SIDE FOR ACTIVITY/PROGRAM HIGHLIGHTS ->

LAWRENCE TOWNSHIP SENIOR CENTER
30 East Darrah Lane, Lawrence NJ
Phone: 609-844-7048
Office Hours: 8:30 - 4:30 pm
www.lawrencetwp.com

Lillian LaSalle, Executive Director
llasalle@lawrencetwp.com
Natascha Pacera, Recreation Leader
npacera@lawrencetwp.com

TRANSPORTATION SERVICES
Senior Van available weekdays between 8:30 AM to 3:00 PM. By appointment only - Must call 48 hours in advance. For Lawrence Township Residents 60+, Van Service only transports local.

REGISTRATION

Pre-Registration is required for ALL Senior Center Programs by calling or visiting the center. Programs for Lawrence Twp. Seniors 60 years and older.

MERCER COUNTY NUTRITION HOT LUNCHES

MON, WED, THURS, AND FRI.
No Nutrition on Tuesdays
9:15 AM - Coffee
PLEASE Sign-in for meal by 10:45 AM
Pre-Registration Required
Please call
(609) 863-8085 OR (609) 989-6650
Site Manager: Larhonda Davis

SIGN UP FOR ACTIVITIES

Walking with Ease, Rummikub, Exercise, Tal-Chi, Cornhole Practice, Park Photography Walking Group, Trip to NJ State Museum, Dog Days of Summer, Luau Aug. 8th & Trenton Thunder Ball Park Aug. 30th!



TOWNSHIP OF LAWRENCE OFFICE ON AGING

July 2024 Senior Center Program and Activity Highlights

(Thursday, July 4th – Center Closed for Holiday)

SUMMER EXERCISE PROGRAM UPDATES

Monday & Thursday 9:00 AM Exercise Class will resume at the Senior Center (30 East Darrah Lane) STARTING July 1st.

Summer Tai-Chi will STILL be held at the Senior Center.

Senior Yoga will resume in September!

Walk with Ease Series - Tuesdays at 10:00 AM July 2, 9 & 16th

The walking group meets at Colonial Lake by the first parking lot when you cross over Route 1 - 100 Bridge Dr. Lawrence, NJ.

Improve Balance, Reduce Pain, Build up stamina, strength, & walking pace!

Park Photography Walking Group - Thursdays at 1:00 PM July 11, 18 & 25th

We will be meeting at different parks across Lawrence Township to capture the beautiful nature spots our town has to offer! See flyer for park locations. Please call the Senior Center (609-844-7048) if you need help with directions.

Please bring a camera/ phone, water and wear good walking shoes.

If the weather is bad or too hot for you, please do not show up.

Cornhole Practice - Thursdays ALL DAY

Make new friends and form teams of two for upcoming Cornhole Tournament this September! Teams can practice throughout the day at the center!

Trip to NJ State Museum - Friday, July 19th at 10:00 am

We are meeting at the museum at 10 am by the front entrance.

One of our Lawrenceville senior's photography will be on exhibition at the Museum. There will be a short talk on their work.

Limited transportation available from Senior Center. You will need to meet at the center by 9:15 AM. Please contact the center (609-844-7048).

Dog Days of Summer - Tuesday, July 30th from 2:00 – 4:00 PM

Join the Lawrence senior group for a summer outing at Captain Paul's Firehouse Dogs for hot dogs, soda, chips and ice-cream and good company. Beat the Heat! Registration required at the Senior Center by July 23rd, to receive your ticket/voucher.

Captain Paul's Firehouse Dogs Address: 2230 Princeton Pike, Lawrence, NJ 08648

UPCOMING SUMMER EVENTS

LUAU – Thursday, August 8th 1:00 – 3:00 PM

TRENTON TUNDER BALL PARK – Friday, August 30th Leaving the Senior Center 5:30 PM.

More information to follow.

Lawrence residents 60 and older are welcome to participate in ongoing activities at the Senior Center which include Exercise Class, Acrylic Art Class, Sculpture Class, Watercolor Freestyle Class, Mah-Jongg, Busy Bees, Duplicate Bridge, Club 1 & 2, Line Dancing, Memoir Writing Class, Rummikub and Bingo! Please contact the Lawrence Senior Center or visit us to register for programs!